

STEPS OF A WELL-FORMED OUTCOME

State your desired outcome in the positive.

Determine if it can be initiated by you?

Can it be controlled by you?

What knowledge, skills, and resources are required?

Break down the process into manageable-sized tasks.

Define your evidence of completion.

What factors must be included?

What factors must be eliminated?

What's the context?

Who else?

Where?

When?

What are the current barriers?

What results will the goal yield? (Pros and Cons.)

What resources are essential?

Training

Support network

Financial assets

Define specific action steps.

Identify your first step.

Design several ways to get your result.

Determine the time frames involved.

Create systems to support your outcome.

Determine what 100% commitment will require.