



Adoption Attuned Coaching Certification Program: The Tri-spective Coaching Approach

Adoption is a journey filled with unique challenges and profound transformations, impacting all involved. As adoptive parents, adoptees, and birth parents navigate these complexities, a specialized coaching approach, known as the Tri-spective Coaching Model, can provide invaluable support.

Understanding the Tri-spective Coaching Model

The Tri-spective Coaching Model focuses on the interconnectivity between adoptive parents, adoptees, and birth parents. It acknowledges the inherent complexities and emotional layers in adoption. This model emphasizes empathy, open communication, and a growth mindset, recognizing that every adoption story is rooted in trauma yet holds the potential for healing and growth.

Adoption Attuned Parenting®: A Key Component

Adoption Attuned Parenting® is integral to this coaching model. It encourages adoptive parents to be "High AQ" (Adoption Quotient) parents who are educated about adoption complexities, attuned to their child's needs, and open to discussing adoption openly. This approach fosters a supportive environment where adoptive parents and children can develop strong, trusting bonds.

Coaching Competencies in Adoption Attunement

Adoption Attuned Coaching Certification (AACC) equips coaches with specific competencies, such as maintaining knowledge of adoption's domestic and international aspects, facilitating client growth, and understanding the trauma origins of adoption. Coaches are trained to evoke awareness, support openness, and facilitate conversations about the complexities of adoption, all while maintaining an adoptee-centric stance.

Lessons from the Tri-spective Approach

1. **Coaching During the Discerning Process:** This phase focuses on understanding the adoption process, recognizing adoption complexities, and preparing adoptive parents for their unique parenting journey.
2. **Coaching During the Adopting Process:** Here, coaches help clients navigate adoption myths and legalities, embracing the principles of Adoption Attuned Parenting®.
3. **Coaching the Adoptee:** This involves understanding adoptees' experiences, fostering open discussions about adoption complexities, and supporting adoptees in exploring their identity.
4. **Coaching the Birth Parent:** Coaches address the birth parent's journey, focusing on healing from grief and loss and navigating the emotional landscape of adoption.
5. **Special Considerations for Adoption Attuned Coaching:** This includes understanding the adoption triad's dynamics, recognizing biases, and maintaining a growth mindset.

By adopting the Tri-spective Coaching Model, coaches can offer a comprehensive, empathetic approach to supporting all members of the adoption triad. This model not only addresses the immediate needs of those involved but also promotes long-term healing and understanding, making the adoption journey a more informed and connected experience for everyone.

For more information: www.giftfamilyservices.com or adoptioncoach@giftfamilyservices.com